

2020

CLUB'S GROUP'S & SOCIETIES

IN AND AROUND SWAFFHAM



FOR INCLUSION TO THIS LIST PLEASE CONTACT:

SWAFFHAM TOWN COUNCIL

TOWN HALL

4 LONDON STREET

SWAFFHAM

NORFOLK

PE37 7DQ

01760 722922

Reception@swaffhamtowncouncil.gov.uk

Www.swaffhamtowncouncil.gov.uk



A1065 Relief Road (Traffic Action Group):

Residents pressure group for Relief Road for A1065 through Swaffham. Meetings held at the Community Centre, Camping Land. Contact: Mrs Kate Gordon, Holly House, 62a London Street, Swaffham. Tel: 01760 723034
e.w.g.@btinternet.com

Art Studio Modern Art Evening Classes:

Tuesday 7-9pm, Church Rooms, Campingland. Adults -all abilities. Tel:01760 720540
Salsum06@aol.com

Art Class at the Old Art Room:

Techniques, Tips, Inspiration. Monday 10-12.15pm. Tel:01760 337181. je.clark176@btinternet.com

Age UK (formerly Age Concern):

Speakers and free entertainment the last Tuesday of the month. 2.00pm in the Assembly Rooms, Swaffham. Office opening hours Mon, Wed & Fri - 9-4.00pm Swaffham Community Centre.

Contact: Pam Medlock Tel: 07393981295

James Dean Tel: 01760 720756.

jamesdean@uwclub.net

AGE UK Norfolk – 01603 787 111

Befriending Scheme, Contact: Barbara Lock

Tel: 07412 775574

Air Training Corps 1894 sqn. (Swaffham):

Meetings held Mondays and Wednesdays at the T.A. Centre, Sporle Road, Swaffham. Contact: Flying Officer Charlie Neep Tel: 01760 724617

Alcoholics Anonymous:

Drop-in basis every Tuesday evening at 7.00-8.00 pm at The Merle Boddy Centre, Station Yard, Station Street, Swaffham.

Amateur Dramatics (Swaffham Players):

Founded 1970 for plays, pantomimes and musicals. Meets Mondays and Wednesdays at the Baptist Rooms. Contact Chairman Mrs John Hooker Tel: 01760 755652 or Marcie 07867943102.

Angling Club:

Committee meetings held 1st Monday of the month. Membership for Bradmoor Lakes available from Kev's Tackle Shop, Swaffham. Tel:01760 720188

Artists (Swaffham Art Group):

Meets second and fourth Wednesday of the month. Methodist Church Rooms, London Street, Swaffham. Contact Mrs Pam Buxton. Tel: 01760 724741

Badminton League Club:

Mondays 8.00pm-9.00pm. Swaffham Leisure Centre. Tel: 01760 724046

www.leisure.com/swaffham-leisure-centre

Bell Ringers:

St. Peter and St Paul Church. Fridays at 7.30 (except last Friday of the month when at Castle Acre). New-comers welcome. Tel: 01760 724944

Bowls Club (Swaffham Town):

The Bowling Green is available for play from 6.00pm on Mondays and from 2.00pm all other days. Myers Playing Field, Shoemakers Lane, Swaffham. Secretary: Mrs Ivy Tinker Tel: 01760 722332

Bridge Club:

Meets Tuesdays and Thursdays at 6.45pm. visitors, guests and new members welcome. Parish Church Rooms, Camping Land, Swaffham. Contact Sue Day Tel: 01328 701545 Roy Mason Tel: 01760 336034

www.bridgewebs.com/swaffham/home.html

British Red Cross:

Operates a medical Loan facility for essential equipment. Swaffham Community Centre, Camping Land. Tuesday, Thursday and Friday 10.00-1.00pm Tel: 01760 336525

Brownies 2nd Swaffham Group:

Meets 6.00pm-7.30pm Wednesdays at Swaffham VC Infant & Nursery School, Commissioner for South Greenhoe & Grimshoe District Contact: Mrs Clare Smith. Tel: 01760 724680
Also Swaffham Rainbows, meets 5.00-6.00pm Wednesdays Contact Tracy Clements Tel: 01760 720732

Civil Service Retirement Fellowship:

A social and benevolent Fellowship for former civil servants and their dependants. Meetings held on third Tuesday of the month, 10.15am, at the Methodist Church Hall, Swaffham. Chairman Mr David Moore, 14 Filby Road Swaffham. Tel: 01760 723740

Conservative Association (South West Norfolk):

Headquarters - Shirley house, 23 London Street, Swaffham. Tel: 01760 721241.

Agent Mr I Sherwood swnca@btinternet.com

www.swnca.com

Conservative Club (Swaffham & District Social Club):

Shirley House, 23 London Street, Swaffham.
Steward - Mr Paul Annakin **Tel: 01760 721353**

Cricket Club:

Cricket ground at Myers Playing Field, Shoemakers Lane, Swaffham. Net practice Tuesday and Thursday evenings 6.30-7.30pm. Under 16 yrs of age, Saturdays 10.00-11.30am.

Chairman - Mr Wayne Hardy **Tel: 01638 577561 / 07803 214185**

Dementia Café:

Run by the Alzheimer's Society. For carers and those cared for. The café is held the first Wednesday of the month between 10.00-12.00pm in the Assembly Rooms, Swaffham. Volunteers are always welcome.

Contact: Ann Biggar **Tel: 01553 762227**

www.alzheimers.org.uk
norfolk@alzheimers.org.uk

Tel: 01603 763556

Dizzy's Dance Studio:

Dance classes for children in ballet, Tap, Street/modern & Musical Theatre. Adult classes in Ballet, Tap, Line Dance & seniors keep fit.

Contact: Miss Wendy Nixon **Tel: 07799370274**

dancerina@hotmail.co.uk

First School Association:

Meets at the School as required. For more information contact the First School .

Tel: 01760 721357

Football Club (Swaffham Town - The Pedlars):

Club House, Myers Playing Field, Shoemakers Lane, Swaffham.

Secretary - Mr R Ewart

Tel: 01760 724581 / 07990 526744

Friends of Swaffham Museum:

To raise funds to promote interest in the museum especially education. Swaffham Museum, Town Hall, London Street. Secretary - Mr Peter Harris

Tel: 01760 723152

Friends of Swaffham Junior School Parent

Teacher Association:

Swaffham Junior School, Brandon Road, Swaffham. Secretary - Miss Lewis **Tel: 01760 721831.**

Family Action, Swaffham

Based at Swaffham Community Centre, Campingland, providing a range of services:

Well Family Services: Supports families registered to Swaffham GP's; from "cradle to grave" with a holistic approach.

Health Champion: Supports families with child/children with ASD or ADHD. For information or advice contact the office.

Allotment & Orchard: Promoting the therapeutic benefits of gardening for individuals and the community.

Well Being Group: for all ages, meets Tuesday 11-1.00pm at Swaffham Community Centre.

Various activities.

Contact: Clare Peak, Projects Manager

Tel: 01760 725801

Web: www.family/action.org.uk

Guides - Swaffham 2nd:

Meets on Fridays at Parish Church Rooms, Campingland. Ages 10-14yrs.

Leader Mrs Bridget Knock **Tel: 01760 724680**

Guides - Swaffham Senior Section:

Meets Fridays at Parish Church Rooms, Campingland. Ages 14 yrs -older.

Contact: Tracy Clements. **Tel: 01760 720732**

Home Start (Swaffham & District):

A voluntary organisation offering support, friendship and practical help to young families under stress in their own homes. Contact Natalie Gotts, Swaffham Community Centre, Camping Land, Swaffham. **Tel: 01760 721271**

Home Watch Association (Swaffham & District):

Meets three times a year. Secretary - Mrs Jean Bishop **Tel: 01760 721115**

Iceni Partnership:

Office - Swaffham Community Centre, Campingland, Swaffham. Manager – Mrs Clare Cotterill **Tel: 01760 722800.** Chairman - Mr

Dennis Tallon **Tel: 01760 721550.** www.iceni.info

Iceni Stitchers:

Meets every 3rd Thursday 2.00-4.30pm at the Methodist Church rooms. Contact - Jane Atkins

Tel: 01760 721348. Leah Spencer **Tel: 01366 328536.** icenistitchers-.co.uk

Secretary: Gay Paterson patersonaw@aol.com

Iceni Dressmakers:

Contact as above.

Kuk Sool Won:

Traditional Korean Martial Arts class. All ages welcome. Held at Swaffham Leisure Centre, Brandon Road. Tuesdays 6.45-8.00pm and Fridays 6.15-7.30pm. Chief Instructor Mr C Fox
Tel: 07941278149 gl57.fox@gmail.com

Labour Party (Local Branch):

Secretary: Mr John Zielinski Tel: 01760 622738.

League of Friends of Swaffham Hospital:

Meets at 7.30 on second Tuesday of the month at Swaffham Hospital. Chairman: Colin Houghton
Tel:01760 336025. Vice Chair: Iris Reeve
Tel:01760 721430.

Lions (Swaffham & District):

Charitable organisation with emphasis on helping the local community. Meets second Monday of the month at the Assembly Rooms, Market Place, Secretary Mr Peter Young Tel: 01760 724120.

Lioness Club (Swaffham & District):

Charitable organisation with emphasis on helping the local community. Meets on the first Thursday of the month at the Lady of Pity Catholic Church rooms at 7.30pm. Secretary - Mrs K Nye
Tel: 01760 723377

Luncheon Club:

Every Tuesday at the Oasis Centre, Cley Road, Swaffham. For the elderly or those on a low income, come along at 12.00pm for a meal including sweet, tea or coffee. Contact Graham
Tel: 01760 723175

Macmillan Cancer Support:

A fund raising group of volunteers. Treasurer- Jenny Lyne Tel: 01760 440451.
nuttsbarn@aol.com.

Mencap:

For parents and Carers. Saturday Day Centre. Experienced volunteers working with people with disabilities. 1st Saturday of the month at the Sports Hall, Swaffham Convent, Mangate Street. Tel; Hall, Convent of the Scared Heart, Mangate Street. Contact: Registered Office Tel: 01362 693013

Move it or lose it:

Classes for the over 60's or anyone with mobility issues. Exercises can be done seated, standing or with support. Thursday 11.00am-12.00pm in the Assembly Rooms, Market Place. Contact: Sam Griss 07925602862. Jo Farnworth 07941086603.

Norfolk and Norwich Association for the Blind:

Chief Exec – Mrs Gina Dormer, Magpie Road, Norwich, NR3 1JH. Tel: 01603 629558
www.nnab.org.uk office@nnab.org.uk

Ornithological Society (Nar Valley):

For local bird watching and study. Meets last Tuesday of the month at 7.30pm at the Barn Theatre, Convent of the Sacred Heart, Mangate Street, Chairman - Mr Ian Black
Tel: 01760 724092. ian_a_black@hotmail.co.uk
www.narvos.org.uk

Pensioners Association:

Meets regularly in the Assembly Rooms, Market Place Swaffham for coffee mornings. Social Secretary - Mrs Stella Stewart. Tel: 01760 721757

Phoenix singers Ladies Choir:

Meets Monday 7.30pm at the Methodist church Rooms, Swaffham. Secretary - Mrs Annette Davies.
Tel: 01760 720298.

Phoenix Writers:

Monthly sessions, Thursday afternoon, writing works of fiction, articles & poetry.
Jan Dandelionmoon@btinternet.com

Powapak:

For 5-9 year olds. Meets Fridays (term time) 6.00-7.00pm at the Oasis Centre, Cley Road, Contact Oasis Centre Tel: 01760 723175

Probus Club:

For retired and semi retired business and professional people. Meets on the 2nd Tuesday of the month, 12.30pm at the George Hotel, Swaffham. Secretary Mr Rod Goddard Tel: 01760 722834 rodgoddard@hotmail.com

Rotary Club:

Meets 1st Monday of the month at 1.00pm, then all other Mondays at 7.30pm. At the George Hotel, Swaffham. Secretary: Jane Harding Tel: 01760 721202.

Royal Elizabeth Lodge no 8654RAOBGLE:

Meets on alternate Tuesdays at 8.00pm in the Conservative Club, London Street, Swaffham. Secretary Mr Walter L Rogers. Tel: 01760 720632.
walterogers@tiscali.co.uk

Royal British Legion (Swaffham Branch):

Meeting the needs of ex military personnel and their families. Meets on the 3rd Thursday of the month at the Swaffham Conservative Club. Secretary Mrs Anne Thorp. **Tel: 01760 722611**

Royal British Legion (Woman's Section):

Meets 2.30pm on 2nd Tuesday of the month at Valentine Barker Court, Swaffham. Chairman Iris Reeve **Tel: 01760 721430** Secretary Mrs Barker **Tel: 01760 724445**

Royal Naval Association:

Meetings held on the fourth Tuesday of the month at 8.00pm at the Swaffham Social Club, Lynn Road, Swaffham. Social and Fundraising. Secretary Mr David Harman. **Tel: 01760 336536**

Rugby Union Football Club:

Rugby ground, North Pickenham Road, Swaffham. Mini Rugby, age 5-12 yrs, Sunday at 10.30am. Youth Rugby age 13-18 yrs, Thursday at 7.00pm. **Tel: 01760 724829**

St. John's Ambulance:

Meets at the St. Johns Hall, St Johns Court, London Street, Swaffham. Badgers, 6-10 yrs, Thursday 6-7.30pm. Cadets, 10-17yrs, Tuesday 7-8.30pm. Adults, 18yrs+, Wednesday 7.30-9.30pm. Divisional Superintendent Mr R Rowling **Tel: 01760 788182. rob.rowlingsja@gmail.com**

Save the Children:

Secretary Mrs Janet Webb **Tel: 01760 721929.**

Stitch, Mardle and Mend:

A group of keen crafters covering Patchwork, Knitting, Crochet, Cross Stitch etc. Tuesday 7-9.00pm. and alternate Wednesdays 10-12 noon. contact Adrienne **Tel: 01760 336268.**

Swaffham Arts:

A group established to promote professional and amateur entertainment in Swaffham with a programme of monthly events in the Assembly Rooms. Contact Eileen Powell. **Tel: 01366 328648.**

1st Swaffham Beavers:

Meets Thursday, 6.30-7.15pm, Cockley Cley Estate, Cockley Cley. For boys and girls 6-8 yrs. Group Scout Leader: Carolyn Cooper. **Tel: 07816 208687**
gs1stswaffham@gmail.com

1st Swaffham Cubs:

Meets Tuesday, 6.30-8.00pm, Cockley Cley Estate, Cockley Cley. For boys and girls aged 8-10 ½ yrs. Group Scout Leader Carolyn Cooper. **Tel: 07816 208687.**
gs1stswaffham@gmail.com

1st Swaffham Scouts

Meet Monday 7-9.00p.m. Cockley Cley Estate, Cockley Cley. For ages 10 ½-14yrs. Group Scout Leader Carolyn Cooper. **Tel: 07816 208687.**
gs1stswaffham@gmail.com

SKA Swaffham Kickboxing Club:

Juniors 5+ 5-6pm, Inters 6-7pm, Adults 7-8.30pm, Plowright Place. **Tel: Trevor 07585707196**

Swaffham History Group:

2nd Monday of the month, 2-4pm, Swaffham Museum. New members always welcome. **Tel: 01760 724470**

Swaffham Camera Club:

1st & 3rd Wednesday of the month. 7.30pm. Lydney House, Norwich Road. Steve Ward **Tel: 01366 328567**

Swaffham & Litcham Home Hospice Support.

Provides palliative care in the home and other services to people living with cancer, life limiting or other terminal illnesses. 17-19 Brocks Road, Ecotech Centre, Swaffham, PE37 7XG **Contact: Wendy Martin**
Tel: 01760 722937 / 336645.
www.swaffhamandlitchamhomehospice.co.uk
homehospice@care4free.net

Swaffham Carpet Bowls:

Monday 1.30-3.30pm, Community Centre. Tea & biscuits included. **Tel: 01760 627038**

Swaffham Community Allotments & Leisure

Gardeners Association. SCALGA:

Contact - Chairman Mr Graham Edwards
Secretary Mrs Jennifer Edwards
Tel: 01760 721321

Swaffham Golf Club:

18 Hole Golf Course. Cley Road, Swaffham. Manager Mrs Lesley Reeves **Tel: 01760 721621.**

Swaffham & District Mental Health

Association:

Merle Boddy Centre, Station Yard, Station Street. Swaffham. Day Centre for people with mental health problems including dementia.

The centre is open 5 days a week between 9.30a.m. and 2.30p.m. Contact Mrs Georgina Bell **Tel: 01760 724527.** merleboddycentre@hotmail.co.uk

Swaffham Museum Ltd:

Open Hours Monday -Friday 10-4.00pm, Saturday 10-1.00pm. Contact: Chairman Mr Steve Gregory **Tel: 01760 755596**

Swaffham Pre-School Playgroup:

Windmill Sure Start Childrens Centre, White cross Road, Swaffham. From 18 mths age. Monday to Friday morning sessions 9-11.30am. Lunch sessions 11.30-12.30, and afternoon sessions 12.30-3.00pm. Contact Tina Grinsell **Tel: 01760 721114**

Swaffham Leisure Centre:

Brandon Road, Swaffham. Aerobics, Kickboxing, Circuit Training, Badminton, Trampoline Club, Football, Fun Club and Gym Room. Various activities in school holidays. All ages welcome. **Tel: 01760 723974/724046.**

Swaffham Twinning Association:

This club meets to promote exchanges with Couhé in France and Hemmoor Germany. Several social events are held throughout the year. Web: swaffhamtwinningassociation.weebly.com Chairman Cecilia Cogliatti **Tel: 01760 725905**

Swaffham Childrens Centre:

Held at Swaffham Infant School, White cross Road, Swaffham. A range of services offered to families with small children. Links to Jobcentre Plus and Adult training. **Tel: 01760 721101**

Swaffham VIP Club:

Social chat mixed with a programme of speakers, lunches & outings, all of which are failing sight friendly. Fourth Wednesday of the month 1.30-3.30pm. Community Centre, Camping land, Swaffham. Sec: Jonathan Reed **Tel: 01760 722800** jonathan@iceni.info

Territorial Army:

677 Sqdn Army Corp 6th Reg (V). Drill nights are every Tuesday at 8.00pm at the T.A. Centre, Sporle Road, Swaffham. **Tel: 01284 753407.**

TSKR Traditional Shotokan Karate Ryu:

Wednesday 6.15 - 7.15pm. at Swaffham Community Centre. **Tel: 01362 652855. Mob 07742 262682.**

Tai Chi:

A gentle and relaxing form of exercise for all ages. Improves mobility, posture, balance and reduces stress. Helps physical and mental well being. Wednesday - Beginners - 10.00am, Friday - Advanced 10.00am, Swaffham Community Centre. Contact Alan & Barbara Smith. **Tel:01760 723102. MOB:07587567406** academytaichi@yahoo.co.uk www.academytaichi.co.uk

U3A University of the Third Age.

For retired or semi-retired people who would like to learn new skills. Meets the first Thursday of the month. Contact Membership Secretary Mr Ian Clews **Tel: 01760 721247.**

Valentine Barker Court Social Club:

Meets the First Thursday of the month for tea coffee and a get together for the over 60's. 10-12.00pm at Valentine Barker Court, Greenhoe Place, Swaffham. Visitors, guests and new members welcome. **Tel: 01760 336904**

WEA:

Recreational and educational courses for adults. Two separate courses are run per week. Monday 7.30-9.30pm and Friday 10-12.00pm. Swaffham Community Centre, Camping land, Swaffham. Contact Sylvia Bunce **Tel: 01760 723558**

Youth Activities and Youth Forum:

Contact Mrs Sally Palmer. **Tel: 07795302373.** sally@iceni.info

Zumba Fitness:

Held in the Community Centre, Camping Land. Thursday 12-1.00pm. Open to all abilities and ages. No booking required. Contact: Kristina Holton **Tel: 07876298550.** kristina.fish@hotmail.com

Zumba with Becks:

Assembly Rooms, Swaffham. 7pm bectuff@hotmail.co.uk

USEFUL CONTACTS

Baptist Church:

38 Station Street, Swaffham. Tel: 01760 724595
office@swaffhambaptistchurch.org.uk
www.swaffhambaptist.co.uk

Bus Services:

Public transport information, Traveline
Tel:08706082608
Swaffham Dial-A- Bus Tel: 01760 720906

Catholic Church:

Our Lady of Pity, 31 Station Street, Swaffham.
Contact Father Gordon Williams. Tel: 01760
721418. ourladyofpity@btinternet.com
www.catholicparish-swaffham.org.uk

Methodist Church:

London Street, Swaffham. Contact
Mrs S Donald. Tel: 01760 336281.

Oasis Centre, Breckland Christian Fellowship:

Cley Road, Swaffham. Contact Pastor Graham
Chitcock. Tel: 01760 723175

St Peter & St Paul:

Market Place, Swaffham. Contact Rev. Timothy
Lawes. Tel: 01760 721373. Parish Administration
Officer Tel: 01760 722941.

Swaffham Newsletter:

Editor 01760 722800.
swaffhamnewsletter@gmail.com

Swaffham Food Bank:

Details can be obtained from Citizens Advice,
Monday 10-1pm, at their surgery at the Community
Centre and through the Icen Partnership at the
Community Centre Tel:01760 722800