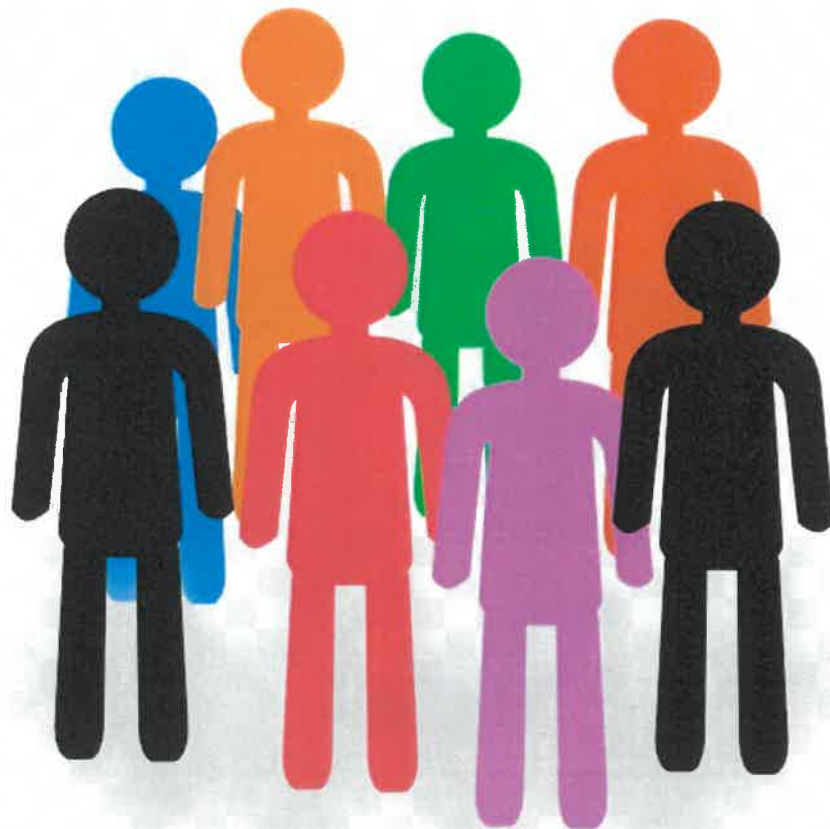


2022

CLUBS GROUP'S & SOCIETIES IN AND AROUND SWAFFHAM



FOR INCLUSION TO THIS LIST PLEASE CONTACT:

SWAFFHAM TOWN COUNCIL

TOWN HALL

4 LONDON STREET

SWAFFHAM

NORFOLK

PE37 7DQ

01760 722922

reception@swaffhamtowncouncil.gov.uk

www.swaffhamtowncouncil.gov.uk



Age Concern Swaffham & District:

Serving the local community since 1999.
Befriending. Hospital Buddies. Signposting.
Information Office. Swaffham Community Centre.
Friends of Age Concern meet last Tuesday of the
month in the Assembly Rooms 1-2.00pm

Tel: 07393981295

hospitalbuddiesageconcernswaffham@outlook.com
www.ageconcernswaffhamco.uk

Alcoholics Anonymous:

Drop-in basis every Tuesday evening at 7.00-8.00
pm at The Community Centre, Campingland.

Amateur Dramatics (Swaffham Players):

Meets Mondays and Wednesdays at the Baptist
Rooms. Contact Chairman Mrs John Hooker Tel:
01760 755652 or Marcie 07867943102.

Amateur Dramatics (TOSH):

Meets Mondays and Wednesdays at
Gt Cressingham village hall 7.30-9.30pm.
Contact Bridget Knock Tel: 01760 724680

Angling Club:

Committee meetings held 1st Monday of the month.
Membership for Bradmoor Lakes available from
Kev's Tackle Shop, Swaffham. Tel:01760 720188

Artists (Swaffham Art Group):

Meets second and fourth Wednesday of the month.
Methodist Church Rooms, London Street,
Swaffham. Contact Mrs Pam Buxton.
Tel: 01760 724741

Badminton League Club:

Mondays 8.00pm-9.00pm. Swaffham Leisure
Centre. Tel: 01760 724046
www.leisure.com/swaffham-leisure-centre

Bell Ringers:

St. Peter and St Paul Church. Fridays at 7.30
(except last Friday of the month when at Castle
Acre). New-comers welcome. Tel: 01760 724944

Bowls Club (Swaffham Town):

The Bowling Green is available for play from
6.00pm on Mondays and from 2.00pm all other
days. Myers Playing Field, Shoemakers Lane,
Swaffham. Contact: Max Hodges. Tel:
01760441220 07867 501289
maxhodges20@icloud.com

Bridge Club:

Meets Tuesdays and Thursdays at 6.45pm. visitors,
guests and new members welcome.
Swaffham. Contact Sue Day Tel: 01328 701545
Barbara Morrison Tel: 01328 838388.
www.bridgewebs.com/swaffham/home.html

British Red Cross:

Mobility Aid Service. Tel: 03004561914, Option 3
for East Anglia.
Kings Lynn Admin Team. Tel: 01553 766969

Brownies 2nd Swaffham Group:

Meets 6.00pm-7.30pm Wednesdays at Swaffham
Heartwood CE VC Primary & Nursery School,
Commissioner for South Greenhoe & Grimshoe
District Contact: Mrs Clare Smith. Tel: 01760
724680

Swaffham Rainbows, meets 5.00-6.00pm

Wednesdays Contact Tracy Clements Tel: 01760
720732

Conservative Association (South West Norfolk):

Headquarters - Shirley house, 23 London Street,
Swaffham. Tel: 01760 721241.
Agent Mr I Sherwood swnca@btinternet.com
www.swnca.com

Conservative Club (Social Club):

Shirley House, 23 London Street, Swaffham.
Steward - Mr Paul Annakin Tel: 01760 721353
cmembership21@gmail.com

Cricket Club:

Cricket ground at Myers Playing Field, Shoemakers
Lane, Swaffham. Net practice Tuesday and
Thursday evenings 6.30-7.30pm. Under 16 yrs of
age, Saturdays 10.00-11.30am.
Chairman - Mr Wayne Hardy Tel: 01638 577561 /
07803 214185

Dementia Café:

For carers and those cared for. The first Wednesday
of the month between 10.00-12.00pm in the
Assembly Rooms, Swaffham. Tel: 01760 723377.
01603 763556.
www.alzheimers.org.uk
norfolk@alzheimers.org.uk

Dizzy's Dance Studio:

Dance classes for children in ballet, Tap,
Street/modern & Musical Theatre. Adult classes in
Ballet, Tap, Line Dance & seniors keep fit.
Contact: Miss Wendy Nixon Tel: 07799370274
dancerina@hotmail.co.uk

Heartwood Primary Academy Association:

Meets at the School as required. For more information contact the School.

Tel: 01760 721357

Football Club (Swaffham Town - The Pedlars):

Club House, Myers Playing Field, Shoemakers Lane, Swaffham.

Secretary - Mr R Ewart

Tel: 01760 724581 / 07990 526744

Friends of Swaffham Museum:

To raise funds to promote interest in the museum especially education. Swaffham Museum, Town Hall, London Street. Secretary: John Zielinski

Friends of Swaffham C of E Primary Academy Parent Teacher Association:

Brandon Road, Swaffham. Secretary - Miss Lewis

Tel: 01760 721831.

Family Action, Swaffham

Based at Swaffham Community Centre, Campingland, providing a range of services:

Well Family Services: Supports families registered to Swaffham GP's.

Health Champion: Supports families with child/children with ASD or ADHD.

Allotment & Orchard: Promoting the therapeutic benefits of gardening.

Well Being Group: for all ages, meets Tuesday 11-1.00pm at Swaffham Community Centre.

Contact: Clare Peak, Projects Manager

Tel: 01760 725801

www.family/action.org.uk

Guides - Swaffham 2nd:

Meets on Fridays at Methodist Church Rooms, Ages 10-14yrs.

Contact: Bridget Knock Tel: 01760 724680

Guides - Swaffham Rangers:

Meets Fridays at Methodist Church Rooms, Ages 14 yrs -older.

Contact: Bridget Knock Tel: 01760 724680

Home Start (Swaffham & District):

A voluntary organisation offering support, friendship and practical help to young families under stress in their own homes. Contact Natalie Gotts, Swaffham Community Centre, Camping Land, Swaffham. Tel: 01760 721271

Home Watch Association (Swaffham & District):

Meets three times a year. Secretary - Mrs Jean Bishop Tel: 01760 721115

Iceni Partnership:

Office - Swaffham Community Centre, Campingland, Swaffham. Manager -Clare Cotterill

Tel: 01760 722800. Chairman: Dennis Tallon Tel: 01760 721550.

www.swaffhamcommunityhub.co.uk

Iceni Stitches:

Meets every 3rd Thursday 2.00-4.30pm at the Community Centre. Contact - Jane Atkins Tel:

01760 721348. icenistitchers-.co.uk

Secretary: Gay Paterson patersonaw@aol.com

Iceni Rural Writers:

Monthly sessions, Friday afternoon, writing works of fiction, memoir & poetry.

Contact: Leah Spencer leah@wissey.co.uk

Kuk Sool Won:

Traditional Korean Martial Arts class. All ages welcome. Swaffham Community Centre,

Campingland. Saturday 10.30 am -12noon

President: PKJN Michelle Seaman

Tel:07808860633 knschelle@hotmail.com

Labour Party (Local Branch):

Secretary: Mr John Zielinski Tel: 01760 622738.

League of Friends of Swaffham Hospital:

Meets at 7.30 on second Tuesday of the month at Swaffham Hospital. Chairman: Colin Houghton

Tel:01760 336025. Vice Chair: Iris Reeve

Tel:01760 721430.

Lions (Swaffham & District):

Charitable organisation with emphasis on helping the local community. Meets second Monday of the

month at the Assembly Rooms, Market Place,

Secretary Mr Peter Young Tel: 01760 724120.

Lioness Lions Branch Club:

Charitable organisation with emphasis on helping the local community. Meets on the first Monday of

the month at the Lady of Pity Catholic Church

rooms 7.30pm. Secretary - Mrs K Nye

Tel: 01760 723377

Luncheon Club:

Every Tuesday at the Oasis Centre, Cley Road, Swaffham. For the elderly or those on a low

income, come along at 12.00pm for a meal

including sweet, tea or coffee. Contact Graham

Tel: 01760 723175

Macmillan Cancer Support:

A fund raising group of volunteers. Treasurer-
Jenny Lyne Tel: 01760 440451.
nuttsbarn@aol.com.

Mid Norfolk Mencap:

Contact: Registered Office Tel: 01362 693013
info@midnorfolkmenca.org

Move it or lose it:

Classes for the over 60's or anyone with mobility issues. Exercises can be done seated, standing or with support. Thursday 11.00am-12.00pm in the Assembly Rooms, Market Place. Contact: Sam Griss Tel: 07925602862. Jo Farnworth Tel: 07941086603.

Vision Norfolk:

Chief Exec – Mrs Gina Dormer, Magpie Road,
Norwich, NR3 1JH. Tel: 01603 629558
www.visionnorfolk.org.uk
office@visionnorfolk.org.uk

Ornithological Society (Nar Valley):

For local bird watching and study. Meets last Wednesday of the month at 7.30pm at the Assembly Rooms, Swaffham.
Chairman - Mr Ian Black
Tel: 01760 724092. ian_a_black@hotmail.com
www.narvos.org.uk

Phoenix singers Ladies Choir:

Meets Monday 7.30pm at the Methodist church Rooms, Swaffham. Secretary - Mrs Annette Davies.
Tel: 01760 720298.

Powapak:

For 5-9 year olds. Meets Fridays (term time) 6.00-7.00pm at the Oasis Centre, Cley Road, Contact Oasis Centre Tel: 01760 723175

Probus Club:

For retired and semi retired business and professional people. Meets on the 2nd Tuesday of the month, 12.30pm at the George Hotel, Swaffham. Secretary Mr Rod Goddard
Tel: 01760 722834 rodgoddard@hotmail.com

Rotary Club:

Meets 1st Monday of the month at 1.00pm, then all other Mondays at 7.30pm. At the George Hotel, Swaffham. Secretary: Jane Harding Tel: 01760 721202.

Royal Elizabeth Lodge no 8654RAOBGLE:

Meets on alternate Tuesdays at 8.00pm in the Conservative Club, London Street, Swaffham. Secretary Mr Walter L Rogers. Tel: 01760 720632.
walterogers@tiscali.co.uk

Royal British Legion (Swaffham Branch):

Meeting the needs of ex military personnel and their families. Meets on the 3rd Thursday of the month at the Swaffham Conservative Club.
Secretary Mrs Anne Thorp. Tel: 01760 722611

Royal British Legion (Woman's Section):

Meets 2.30pm on 2nd Tuesday of the month at Valentine Barker Court, Swaffham. Chairman Iris Reeve Tel: 01760 721430 Secretary Mrs Barker Tel: 01760 724445

Royal Naval Association:

Meetings held on the fourth Tuesday of the month at 8.00pm at the Swaffham Social Club, Lynn Road, Swaffham. Social and Fundraising. Secretary Mr David Harman. Tel: 01760 336536

Rugby Union Football Club:

Rugby ground, North Pickenham Road, Swaffham. Mini Rugby, age 5-12 yrs, Sunday at 10.30am. Youth Rugby age 13-18 yrs, Thursday at 7.00pm.
Tel: 01760 724829

St. John's Ambulance:

Meets at the St. Johns Hall, St Johns Court, London Street, Swaffham. Badgers, 6-10 yrs, Thursday 6-7.30pm. Cadets, 10-17yrs, Tuesday 7-8.30pm. Adults, 18yrs+, Wednesday 7.30-9.30pm. Divisional Superintendent Mr R Rowling Tel: 01760 788182. rob.rowlingsja@gmail.com

Save the Children:

Secretary Mrs Janet Webb Tel: 01760 721929.

Stitch, Mardle and Mend:

A group of keen crafters covering Patchwork, Knitting, Crochet, Cross Stitch etc. Swaffham Community Centre Tuesday 7-9.00pm. and alternate Wednesdays 10-12 noon. contact Adrienne Tel: 01760 336268.

Swaffham Arts:

A group established to promote professional and amateur entertainment in Swaffham with a programme of monthly events in the Assembly Rooms. Contact: Mary Rosenberg Tel: 01760 302092

1st Swaffham Beavers:

Meets Thursday, 6.30-7.15pm, Cockley Cley Estate, Cockley Cley. For boys and girls 6-8 yrs. Group Scout Leader: Carolyn Cooper.

Tel: 07816 208687

gs1stswaffham@gmail.com

1st Swaffham Cubs:

Meets Tuesday, 6.30-8.00pm, Cockley Cley Estate, Cockley Cley. For boys and girls aged 8-10 ½ yrs. Group Scout Leader Carolyn Cooper.

Tel: 07816 208687.

gs1stswaffham@gmail.com

1st Swaffham Scouts

Meet Monday 7-9.00p.m. Cockley Cley Estate, Cockley Cley. For ages 10 ½-14yrs. Group Scout Leader Kirsten Stibbon.

Tel: 01760 724188

kirsten.stibbon@gmail.com

SKA Swaffham Kickboxing Club:

Juniors 5+ 5-6pm, Inters 6-7pm, Adults 7-8.30pm, Plowright Place. [Tel:Trevor 07585707196](tel:07585707196)

Swaffham History Group:

2nd Monday of the month, 2-4pm, Swaffham Museum. New members always welcome.

[Tel:01760 724470](tel:01760724470)

Swaffham Camera Club: Affiliated to EAF.

1st & 3rd Wednesday of the month. Churchill Room Swaffham Conservative Club. Contact: Chairman

Mr R Ludlow. [Tel 07768150141](tel:07768150141)

richardludlow@compuserve.com

Swaffham Men's Shed:

Supporting the community by providing a base for men to meet, socialise, pass on skills, learn new ones, and integrate. Swaffham Rugby Club.

Secretary: Frederick Grange. [Tel: 01760 724724](tel:01760724724)

[Mob: 07484113832](tel:07484113832)

Swaffham & Litcham Home Hospice Support.

Provides palliative care in the home and other services to people living with cancer, life limiting or other terminal illnesses.

17-19 Brocks Road, Swaffham, PE37 7XG

Contact: Wendy Martin

[Tel: 01760 722937 / 336645.](tel:01760722937)

www.swaffhamandlitchamhomehospice.co.uk

office@slhhs.co.uk

Swaffham Community Allotments & Leisure

Gardeners Association. SCALGA:

Contact - Chairman Mr Graham Edwards

Secretary Mrs Jennifer Edwards

[Tel: 01760 721321](tel:01760721321)

Swaffham Golf Club:

18 Hole Golf Course. Cley Road, Swaffham.

Manager Mrs Lesley Reeves [Tel: 01760 721621.](tel:01760721621)

Swaffham & District Mental Health

Association:

Merle Boddy Centre, Station Yard, Station Street. Swaffham. Day Centre for people with mental health problems including dementia.

The centre is open 5 days a week between 9.30a.m. and 2. 30p.m. Contact Mrs Georgina Bell [Tel: 01760 724527.](tel:01760724527)

merleboddycentre@hotmail.co.uk

Swaffham Museum Ltd:

Open Hours Monday -Friday 10-4.00pm, Saturday 10-1.00pm. Contact: Chairman Mr Steve Gregory

[Tel: 01760 755596](tel:01760755596)

Swaffham Pre-School Playgroup:

Windmill Sure Start Childrens Centre, Behind the Primary Academy, Brandon Road. From 18 mths age. Monday to Friday morning sessions 9-

11.30am. Lunch sessions 11.30-12.30, and

afternoon sessions 12.30-3.00pm. Contact Tina

Grinsell [Tel: 01760 721114](tel:01760721114)

Swaffham Leisure Centre:

Brandon Road, Swaffham. Aerobics, Kickboxing, Circuit Training, Badminton, Trampoline Club, Football, Fun Club and Gym Room. Various

activities in school holidays. All ages welcome. [Tel: 01760 723974/724046.](tel:01760723974)

Swaffham Twinning Association:

This club meets to promote exchanges with Couhé in France and Hemmoor Germany. Several social events are held throughout the year.

Web: swaffhamtwinningassociation.weebly.com

Chairman Cecilia Cogliatti [Tel: 01760 72590](tel:0176072590)

Swaffham VIP Club:

Social chat mixed with a programme of speakers, lunches & outings, all of which are failing sight friendly. Fourth Wednesday of the month 1.30-

3.30pm. Community Centre, Camping land,

Swaffham. Sec: Jonathan Reed [Tel: 01760 722800](tel:01760722800)
jonathan@iceni.info

Tai Chi:

A gentle and relaxing form of exercise for all ages. Helps physical and mental well being. Wednesday - Beginners - 10.00am, Friday - Advanced 10.00am, Swaffham Community Centre. Contact Alan & Barbara Smith. Tel:01760 723102.

MOB:07587567406 academytaichi@yahoo.co.uk
www.academytaichi.co.uk

U3A University of the Third Age.

For retired or semi-retired people. Meets the first Thursday of the month. Contact Membership Secretary Mr Ian Clews Tel: 01760 721247.

Valentine Barker Court Social Club:

Meets the First Thursday of the month for tea coffee and a get together for the over 60's. 10-12.00pm at Valentine Barker Court, Greenhoe Place, Swaffham. Tel: 01760 336904

WEA:

Recreational and educational courses for adults. Monday 7.30-9.30pm and Friday 10-12.00pm. Swaffham Community Centre, Camping land. Contact Sylvia Bunce Tel: 01760 723558

USEFUL CONTACTS

Baptist Church:

38 Station Street, Swaffham. Tel: 01760 724595
office@swaffhambaptistchurch.org.uk
www.swaffhambaptist.co.uk

Catholic Church:

Our Lady of Pity, 31 Station Street, Swaffham.
Contact Father Gordon Williams. Tel: 01760
721418. ourladyofpity@btinternet.com
www.catholicparish-swaffham.org.uk

Methodist Church:

London Street, Swaffham. Contact
Mr & Mrs Thorp. Tel: 01760 722611.

Oasis Centre, Breckland Christian Fellowship:

Cley Road, Swaffham. Contact Pastor Graham
Chittock. Tel: 01760 723175

St Peter & St Paul:

Market Place, Swaffham. Contact: Parish
Administration Officer Tel: 01760 722941.

Swaffham Newsletter:

Editor 01760 722800.
swaffhamnewsletter@gmail.com

Swaffham Food Bank:

Details can be obtained through the Icen
Partnership at the Community Centre Tel:01760
722800

The Hamond Educational Charity:

To promote the education of people under the age
of 21 years in the Breckland district.
www.hamoneducationalcharity.org.uk

Bus Services:

Public transport information, Traveline
Tel:08706082608

West Norfolk Community Transport:

Provided services include transport for health
related appointments. Distance no problem.
Swaffham- Dial-A-Bus: A pre-bookable door to
door service.
Swaffham Flexibus: Flexibus connects Norfolk
villages and local towns.
For fare prices, bookings, times and information
call Tel: 01760 720906