

Ref:- Outside Gym + Toilets  
on Recreation Ground. 3-1-2022.

To Whom it may concern,

I am a 56yr old female, with Bone on Bone in my right hip. After seeing a Consultant (Mr Jeffrey) on the 15/1/21, I have lost 4st & he put me on his waiting list as from August 2021. Now I must maintain the weight loss.

Due to lack of mobility, having to use a stick for stability and considerable discomfort, at all times, I have had to stop working. I am only a care assistant and do not have savings, so can not afford Gym equipment at home. With the use of a Rollator, I can walk outside.

I have been using the outdoor Gym on the Recreation Ground, Haspells Road. There are many things making this impossible, the weather, equipment seized (cycle pedals) and some of it seems to be for left + individuals. As well as my own bodily functions are now becoming unpredictable.

Please would it be possible for myself to have access to the Toilets. With my lack of mobility, its not as easy as "Popping home", the 5min journey that takes me over 15mins from the back of Queen Street (edge of Cley Road.) and back to the Rec.

I would keep the toilets locked and make sure the area I use is kept clean & sanitary. I am not incontinent, just becoming more and more

3) Ref:- Outdoor Gym & Toilets  
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immobile. To combat this, I must keep using  
the equipment for as long as I can.

Hopefully after my hip is done to maintain  
this healthier me, as well.

Also, there are 11 pieces of equipment, 8 of  
which I can sort of use, 4 of those im not  
really tall enough for at 5ft 1".

I have lived in Swaffham since 31-8-1941. I  
have never asked anything of the town council  
until now. I take over 30mins from home to  
the Rec and back. By the time ive used my Rollator  
to get from each piece of equipment, I can  
only use 2 or three pieces before I have to  
leave. Especially in cold weather, I am quite  
worried that I will have to stop going to  
the Rec, if im not permitted the access  
I desperately need to the toilets.

yours sincerely

[Redacted signature]

W. [Signature]